

2008 Schedule

Date	Day	Opponent	Site	Time
03/01	Sat.	Iona ^	Sienna Swim Center	10:00 am
03/01	Sat.	Gannon ^	Sienna Swim Center	1:45 pm
03/02	Sun.	TBA ^	Sienna Swim Center	ТВА
03/08	Sat.	Brown *	Moyer Pool	11:30 am
03/08	Sat.	Harvard *	Moyer Pool	4:30 pm
03/08	Sat.	St. Francis *	Moyer Pool	8:15 pm
03/09	Sun.	Siena	UC Pool of Champions	7:00 pm
03/14	Fri.	Gannon %	UC Pool of Champions	7:00 pm
03/15	Sat.	Queens %	UC Pool of Champions	5:00 pm
03/15	Sat.	Notre Dame %	UC Pool of Champions	8:00 pm
03/16	Sun.	TBA %	UC Pool of Champions	ТВА
03/29	Sat.	Slippery Rock >	Villanova Swim Complex	7:00 pm
03/30	Sun.	Villanova >	Villanova Swim Complex	9:30 am
03/30	Sun.	Mercyhurst >	Villanova Swim Complex	12:30 pm
04/05	Sat.	Hartwick	Moyer Pool	11:00 am
04/06	Sun.	Connecticut	UC Pool of Champions	9:00 am
04/06	Sun.	Mercyhurst	UC Pool of Champions	3:00 pm
04/12	Sat.	Queens	Queens College Pool	7:30 pm
04/13	Sun.	Connecticut	Jane Cadwell Aud.	10:30 am
04/19	Sat.	North Division Championship	UC Pool of Champions	ТВА
04/20	Sun.	North Division Championship	UC Pool of Champions	TBA

- ^ Sienna Invitational
- * Hartwick Invitational
- % Utica College 2nd Annual Snowy Seven Tournament
- > Villanova Tournament



GENERAL INFORMATION

QUICK FACTS		
Location	Utica, NY	
Founded	1946	
Enrollment	3,000	
Nickname	Pioneers	
Colors	Orange and Blue	
Pool	Utica Pool of Champions	
Capacity	500	
Affiliation	CWPA	
Conference	Northern Division	
President	Dr. Todd Hutton	
Athletic Director	Jim Spartano	
Athletic Department Phone	(315) 792-3051	

CONTACT INFORMATION

Head Trainer Phone

E-Mail

SPORTS INFORMATION DIRECTOR

Gil Burgmaster		
E-mail	gburgma@utica.edu	
SID Office Phone	(315) 792-3772	
SID Fax	(315) 792-3818	
SID Mailing Address	Athletic Department 1600 Burrstone Rd. Utica, NY 13502	
Water Polo Web site	www.ucpioneers.com	
Athletic Department Phone	(315) 792-3051	
ATHLETIC TRAINING		

Dan Sheffer

(315) 792-5298

dsheffer@utica.edu



COACHING STAFF		
Head Coach, Alma Mater, Yr.	Eric Stiltz, (American University, '92)	
Water Polo Office Phone	(315) 792-3103	
Best Time To Reach Phone	9:00 a.m 4:00 p.m.	
ASSISTANT COACH		
Assistant Coach, Alma Mater,Yr.	Kyle Perry (Miami University, '05)	
Office Phone	(315) 792-3280	
TEAM INFORMATION	i	
2007 Overall Record	0-24	
Home	0-11	
Away	0-13	
LETTER WINNERS RETURNING	LETTER WINNERS LOST	
11	4	





HEAD COACH ERIC STILTZ

Eric Stilz is entering his 11th season as head coach of men's and women's swimming and diving, women's water polo and director of aquatics at UC.

Prior to coming to Utica, Stilz was the age group coach of the Merrimack Club Team in Bethesda, MD, in 1991, assistant coach at Monroe Community College from September 1992 to March 1993, assistant coach at Nazareth College from September 1993 to March 1997, and age group coach of the Greater Rochester Racing Raiders from September 1996 to March 1997. A successful collegiate swimmer at Monroe Community College and American University, Stilz was a two-time national junior college qualifier and a member of the 1991 Colonial Athletic Conference Championship Team at American.



He has Red Cross certifications in instructing CPR, lifesaving, and coach's safety training. He is also a certified pool operator.

Stilz, who resides in Clinton, earned his bachelor's degree in business administration at American University in 1992 and his master's degree in higher education administration at Syracuse University.

2007 Bliv		
2007 Results		
Opponent	W/L	Score
Pioneer Classic vs. Gannon	L	17 - 2
Pioneer Classic vs. St. Francis	L	12 - 2
Pioneer Classic vs. Carthage	L	9 - 1
Pioneer Classic vs. Gannon	L	18 - 4
Pioneer Classic vs. Carthage	L	7 - 0
Penn State Behrend	L	10 - 6
Grove City @ Penn State Behrend	L	9 - 2
Mercyhurst @ Penn State Behrend	L	14 - 0
Slippery Rock @ Penn State Behrend	L	9 - 0
Gannon @ Penn State Behrend	L	15 - 2
Siena College	L	19 - 4
Siena College	L	19 - 1
Gannon University	L	16 - 0
Hartwick @ Queens College	L	12 - 1
Queens College	L	8 - 2
Villanova College @ Connecticut College	L	9 - 0
Connecticut College	L	13 - 6
Brown University	L	20 - 2
Harvard University	L	13 - 1
Queens College	L	9 - 5
Connecticut College	L	10 - 6
Northern Division Championships vs. Brown University @ Conn. College	L	21 - 0
Northern Division Championships vs. Queens College @ Conn. College	L	7 - 1
Northern Division Championships vs. Connecticut College @ Conn. College	L	8 - 7 OT

OVERVIEW

The Utica college women's water polo team returns for its seventh season of intercollegiate athletics this Spring after an exciting Fall season of exhibition competition. Although their record last season may not have indicated an incredible amount of success, the Pioneers are optimistic that the moral victories they achieved will reflect in the win column this May.

"This was the best team Utica has ever had since it became a varsity sport in 2002, no matter what the record," says Head Coach **Eric Stilz**, who also coaches the Utica College swim and dive teams.

The Pioneers lost just four seniors to graduation last season including **Becca Finn** and **Adrienne Mingle**, who were starters, as well as **Kaitlin Lemmo** and **Caryn Hulchanski**. Mingle's presence and outstanding scoring ability will be greatly missed in the water after leading the team in scoring last year. Lemmo and Hulchanski helped set the groundwork for the water polo program at UC and their leadership both in and out of the water will be remembered for years to come.



The Pioneers hope to continue the momentum of a successful non-traditional season after defeating Cornell 9-4 this Fall. The win during the Fall season has provided the

Pioneers with a great confidence boost as they head into a rigorous 21 date schedule.

This season, the Pioneers schedule is one of the toughest in the conference and on the East Coast. The schedule includes the likes of Hartwick College, who is currently ranked tenth nationally in all of Division I Women's Water Polo. The Pioneers will also square off against Harvard University and Brown University, two teams that experienced a great amount of success in the Collegiate Water Polo Association (CWPA) last season. They also take on some of the top Metro Atlantic Athletic Conference (MAAC) schools such as Iona, Villanova, and Siena. Queens and Connecticut College, two of the Pioneers biggest rivals, are also back on the schedule for spirited competition.

Quickness will be a strength for the Pioneers this season, as most of the student-athletes double as swimmers in the winter. Assistant Coach **Kyle Perry** is extremely excited about the team's speed, but is concerned about the inexperience of most of his players. Several of them did not participate in high school water polo.

Two leaders in the water for UC will be senior **Nicole Bossler** and freshman **Amy Gascon**. Both played water polo through out high school and are now using there experience to help their teammates grow as successful polo players.

"Most of the team just started playing the sport here at UC, and water polo can be a tough game to pick up. I don't think there are many players anywhere that are incredible during their first year of water polo," says Coach Perry, who is entering his third year as the assistant coach of the men's and women's swimming program as well as the women's water polo program. "The team really does make up for this weakness with a desire to learn and play the game, and most of them have been quick to develop their skills."

Utica is returning six seniors to this season's line up including, Nicole Bossler, Lauren D'Antonio, Lindsey McConnelee, Addison Lerner, Denice Goodrich, and Nikki Glassmoyer.

Bossler is the team's returning leading scorer after netting 13 goals last season, topping her 2006 total of 12. She led the team in steals last season with 48 and she tailed a season-high three goals in the Pioneers' 10-6 loss against visiting Connecticut College on Apr. 15, 2007.

"This year we are expecting some serious offense from Bossler, Lerner, Goodrich and Gascon," says Perry.

Goodrich tallied eight goals and three assists last season, including three goals in the Pioneers' 19-4 loss at Siena College on Mar. 18, 2007. In the fall, she netted two goals in the Pioneers' exhibition victory over Cornell. Lerner tallied seven goals and eight assists last season, including three goals in the Pioneers' 10-6 loss at Penn State Behrend.

"Lerner and Goodrich are prime examples of how this team is progressing because just two years ago they hadn't even heard of water polo and now they are major contributors to our team and frequently go up against top players from other teams and hold their own," says Perry.

Senior goalies **Lauren D'Antonio** and **Lindsey McConnelee** want this season's team to have confidence and excitement about the game. D'Antonio, who tallied a team-high 159 blocks last season, more than doubled her 2006 output of 70 blocks. She also registered two assists in 379 minutes of work. McConnelee, a team captain, had 152 blocks last season in 369 minutes of action, splitting time with D'Antonio in net.

"They (McConnelee and D'Antonio) are two of our hardest workers. In their two years with the team, they have 464 saves between the two of them," says Perry about his two net minders. "Last year they both blocked several penalty shots and kept us in a ton of games."

Laura Gould, Mary Anne Tomko, and **Kristine Wowelko** are also returning to the water for UC. Coach Perry believes their hard work in the off-season will help to contribute to their success in this spring.

This year the Pioneers have two freshmen, and both are becoming strong assets to the squad. **Kristen Rodriquez** comes to Utica



from El Rancho High School in California. Rodriguez's defensive skills shined in the Fall, as she tallied four steals and two goal's in the Pioneers' 9-4 win over Cornell. **Amy Gascon**, a freshman from Jersey Village High School in Texas, scored a goal during Fall season and offers a wealth of high school polo experience to the Pioneers after playing with one of the top club teams back home for the past few years.

"Gascon works very hard and has a great attitude," says Perry. "We'll look to her for a lot this year, and I think she is already mixing very well with the team. She is ready to play at the collegiate level."

With a roster of veteran players, and some nice young talent, the Pioneers are extremely excited to get back in the pool and compete with some of the top teams in the nation.

2008 ROSTER

#	NAME	POS.	YR.	HT.	LAST TEAM/HOMETOWN
1	Lauren D'Antonio	GK	SR	5-11	Oceanside/Oceanside
1	Lindsey McConnelee	GK	SR	5-11	SUNY Brockport/Camillus
2	Sarah Gross	Α	SO	5-4	East Brunswick/East Brunswick, NJ
3	Addison Lerner	Α	SR	5-5	Parkland/Orefield, PA
4	Kristin Rodriguez	СВ	FR	5-5	El Rancho/Whittier, CA
5	Denice Goodrich	Α	SR	5-6	St. Lawrence/Brasher Falls
7	Amy Gascon	U	FR	5-6	Jersey Village/Houston, TX
8	Mary Anne Tomko	Α	JR	5-7	Deer Park High School/Deer Park
9	Erin Schinasi	Α	JR	5-7	Gilmour Academy/Cincinnati, OH
11	Nikki Glassmoyer	Α	SR	5-2	Slippery Rock University/Sinking Springs, PA
14	Nicole Bossler	СВ	SR	5-8	Reading/Reading, PA
18	Kristine Wowelko	Α	SO	5-4	Chittenango/Bridgeport
20	Arielle Feinstein	Α	JR	5-5	Scotch Plains-Fanwood/Scotch Plains, NJ
21	Laura Gould	Α	JR	5-6	Howard High/Columbia, MD

PLAYER SHOWCASE



Addison Lerner

#3 A SR 5-5 Orefield, PA

2007: Appeared in 19 games, with 16 starts ... Tallied seven goals and eight assists ... Totaled 29 steals ... Tallied three goals vs. Penn State Behrend (3/11/07) ... Member of the 2007 Collegiate Water Polo Association All-Academic Team.

2006: Appeared in 13 games ... Tallied three goals and three assists ... Totaled five steals ... Tallied two goals en route to 8-4 win vs. Queens College in the Northern Division Championship (4/23/06).

Personal: The daughter of Joel and Deborah Lerner, Addison is a physical therapy major.



Denice Goodrich

#5 A SR 5-6 Brasher Falls, NY

2007: Appeared in 24 games, with 19 starts ... Tallied eight goals and three assists ... Totaled 18 steals ... Tallied three goals vs. Siena (3/18/07) ... Member of 2007 Collegiate Water Polo Association All-Academic Team.

2006: Appeared in 21 games, with one start ... Tallied one goal and one assist ... Totaled four steals.

Personal: A member of both the UC swimming team and the UC water polo team ... The daughter of Donna and Terry Goodrich, Denice is an economic crime investigation major.



Nicole Bossler

#14 CB SR 5-8 Reading, PA

2007: Appeared in all 24 games, with 24 starts ... Tallied 13 goals (team high) and two assists ... Totaled 48 steals (team high) ... Tallied three goals vs. Connecticut College (4/15/07).

2006: Appeared in all 21 games, with 21 starts ... Tallied 12 goals (team high) and 15 assists ... Totaled 25 steals ... Tallied two goals en route to 10-2 win vs. Queens (4/18/06).

2005: Appeared in 16 games, with 15 starts ... Tallied 13 goals and four assists ... Totaled 27 steals.

Personal: The daughter of Christine and Robert Bossler, Nicole is a therapeutic recreation major ... Nicole is a member of both the UC swimming team and the UC water polo team.



Lauren D'Antonio

#1 GK SR 5-11 Oceanside, NJ

2007: Appeared in 21 games, with 12 starts ... Tallied 159 blocks (team high) and two assists in 379 minutes ... Tallied 11 saves, one assist and two steals vs. Connecticut College (4/22/07).

2006: Appeared in 17 games, with 10 starts ... Tallied 70 blocks and three assists in 294 minutes ... Four saves vs. Queens College (4/8/06).

Personal: The daughter of Maria and Frank D'Antonio, Lauren is a physical therapy major.



Lindsey McConnelee

#1 GK SR 5-11 Camillus, NY

2007: Appeared in 21 games, with 12 starts ... Tallied 152 blocks and two assists in 369 minutes ... Tallied 10 saves and two steals vs. Queens College (4/21/07) ... Member of the 2007 Collegiate Water Polo Association All-Academic Team.

2006: Appeared in 17 games, with 11 starts ... Tallied 83 blocks (team high) and two assists in 300 minutes ... Tallied 12 saves and one steal vs. Mercyhurst (3/19/06).

Personal: A member of both the UC swimming team and the UC water polo team, Lindsey is a transfer from SUNY Brockport, where she was a member of the Dean's List and an All-Academic swimming athlete ... Her older sister, Tracy, is a UC graduate who starred as the team's goalie from 2000 to 2004 ... The daughter of Ruth and Larry McConnelee, Lindsey is an occupational therapy major.

ASSISTANT COACH KYLE PERRY

Perry is entering his third year as the assistant coach of the men's and women's swimming program as well as the women's water polo program. He has extensive swim coaching experience, working as an assistant for Team Millennium (River Forest, IL) from 2002-2007 and was the assistant for Miami Valley Aquatic Club (Oxford, OH) from 2004-2005.

During the summer, Kyle serves as program director for the Fenwick Summer Swim Camp (Oak Park, IL). He also comes with a wealth of water polo coaching experience after serving as an assistant for Miami University men's and women's club water polo teams from 2001-2005 he has worked as the head age group coach and assistant high school coach for Windy City Water Polo (Oak Park, IL) since 2002.



Perry graduated from Miami University with a BA in english. He is currently working on his master's in education at Utica College. He resides in Utica, and spends his summers in Chicago, IL.